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|  | **Jumps** | **Standing Tumbling** | **Running Tumbling** | **Stunting** | **Tosses** | **Pyramids** |
| **1 Point** | Single Jump | Forward & Backwards Rolls | Cartwheel/Roundoff | Prep Level Double Leg Stunts Basic Load-ins, Transitions & Dismounts (Straight Cradle) | Straight Toss Basket | Prep Level Double or Single Leg Structure with…  -one structure |
| **2 Points** | 2 connected jumps | Cartwheels, Round-Offs, Back Walkovers | Aerial & Roundoff - BH Series/ Front-Hand Series | Prep Level Sing Leg Stunts  Extended Double Leg Stunts- Basic Load-ins, Transitions & Dismounts (½ up to prep, Full Downs) | One Skill, Non-Twisting Basket | Extended Double Leg Structure with…  -a top person in an extended position  - one structure |
| **3 Points** | 3 connected jumps (with at least one repeating)  (3.5 if any connected to tumbling) | Back Handspring & Back Handspring Series  (3.5 for Aerial) | Roundoff- BH Tuck | Extended Single Leg Stunt & Two-Man Prep-Level Stunts with Some Variety in Load-ins, Transitions & Dismounts (Liberty, Full-up to Prep, Full Downs, Tumbling into Stunts w/o rebound in, etc). | Full Twist Basket | Extended Single Leg Structures with…  - a top person in an extended position  - one release transitions  - one inversion  - one structure |
| **4 Points** | 3 different connected jumps  (4.5 if majority connected to back handspring) | Back Tuck | Roundoff- BH Layout  Roundoff- Front Tucks | Advanced Extended Single Leg Stunts & Two-Man Extended Level Stunts with Advanced Transitions/Dismounts- (Stretch, Scale, Scorpion, Arabesque, Bow & Arrow) (1/2 up to extension, Full Downs, Tumbling with rebound in, etc) | Two Skills, Non-Twisting Basket | Extended Single Leg Structures with…  - a top person in an extended position  -two release transitions  - two inversions  -two structure changes |
| **5 Points** | 3 different connected jumps connected to Back-hand Tucks or Standing Tucks  (majority of squad) | Back-Hand Tuck Sequence | Roundoff- BH Full | Connected Advanced Extended Single Leg Stunts & Two-Man Extended Level Single Leg Stunts with Elite Transitions/Dismounts (Full-ups, Switch-ups, Fold-Overs, Kick-Fulls, etc) | One Skill + Full Twist Basket | Extended Single Leg Structures with…  - a variety of top people in extended positions  - two release transitions  - three or more inversions  -three or more structure changes  - quick transitions |
| **NOTES:** |  | \*NOTE: Teams doing a majority of a skill, but with some advanced skills will receive an additional .5 | \*NOTE: Teams doing a majority of a skill, but with some advanced skills will receive an additional .5 | Teams doing the above skills with a majority ratio of their team members and without front spots will receive an additional .5 for the skill(s) performed. | Teams doing the above skills with a majority ratio of their team members will receive an additional .5 for the skill(s) performed. | Teams maximizing the number of team members doing a skill or structure without front spots will receive an additional .5 for the skill(s) performed. |